

# Barriers to Academic Success:

## Asian Pacific Islander (API) College Students at Ohlone College

Source: 2015 American College Health Association - National College Health Assessment (ACHA-NCHA)  
Sample Size = 218

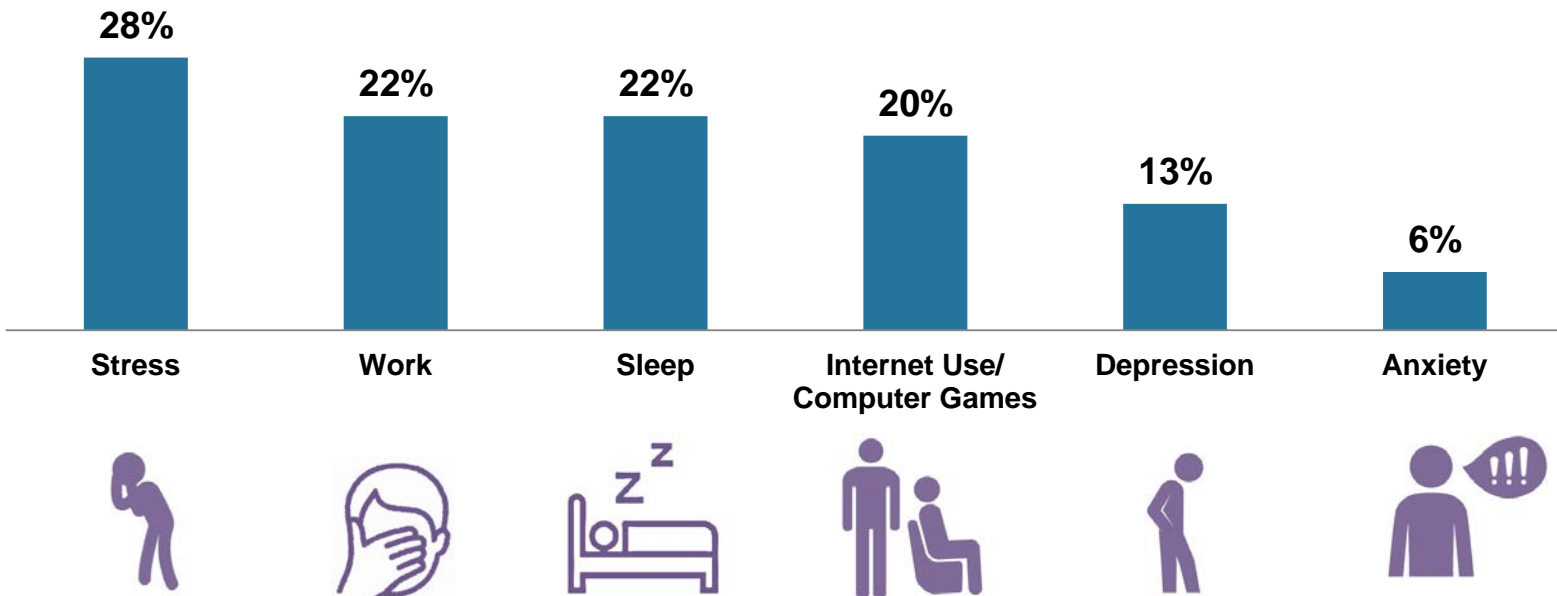
### Stress and Trauma in the Past 12 Months



**1** out of **2** API students reported academics as a traumatic or very difficult issue to handle.

**37%** of API students reported that they have experienced high levels of stress.

### Factors Impacting Student Academic Performance



### Resources for Support



Ohlone Student Health Center

For more information,  
contact us at:

(510) 659-6258  
studenthealth@ohlone.edu  
www.stepupohlone.org

