

OCTOBER 8, 2015

National Depression SCREENING DAY

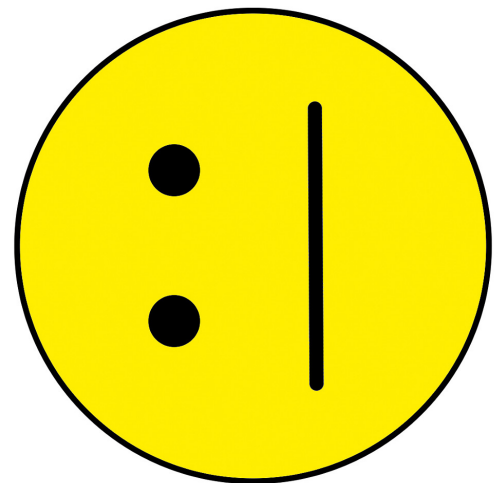
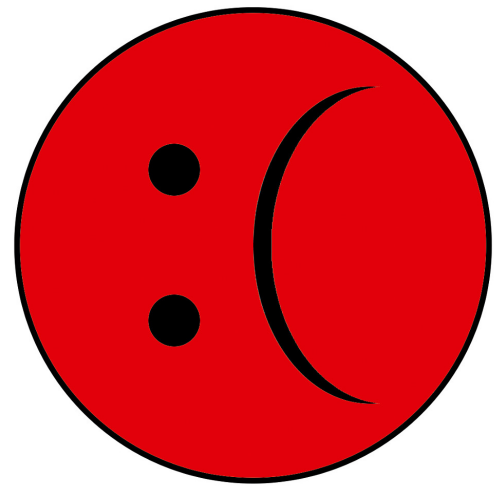
- ANXIOUS?
- FEELING ALONE?
- DEPRESSED?
- STRESSED?
- OVERWHELMED?
- IN CRISIS?

No one needs to suffer in silence or alone. Join us at either of Ohlone's campuses for a free, confidential depression assessment and links to resources.

10am - 1pm Newark Campus,
Main Lobby

**10am - 2pm, 4pm - 6pm Fremont
Campus,** Student Health Center,
Building 7, 3rd floor

WE'VE GOT YOUR BACK



STEP up
ohlone

Ohlone Student Health Center

NATIONAL
SUICIDE
PREVENTION
LIFELINE
1-800-273-TALK (8255)
suicidepreventionlifeline.org