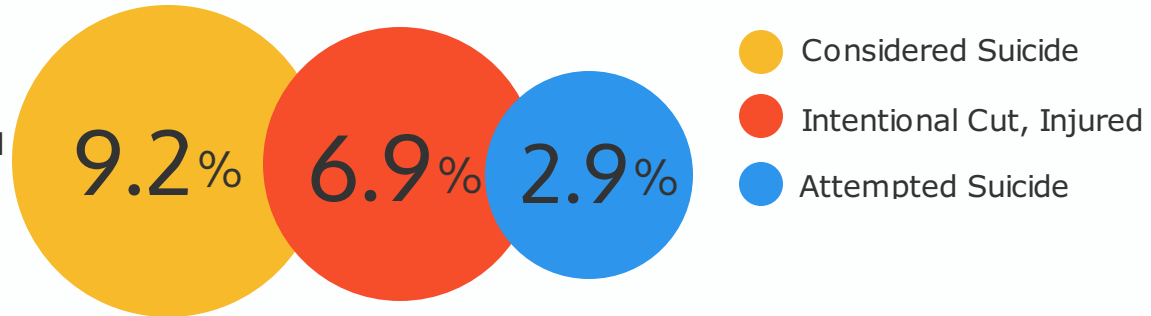


# Ohlone Students and Their Mental Health

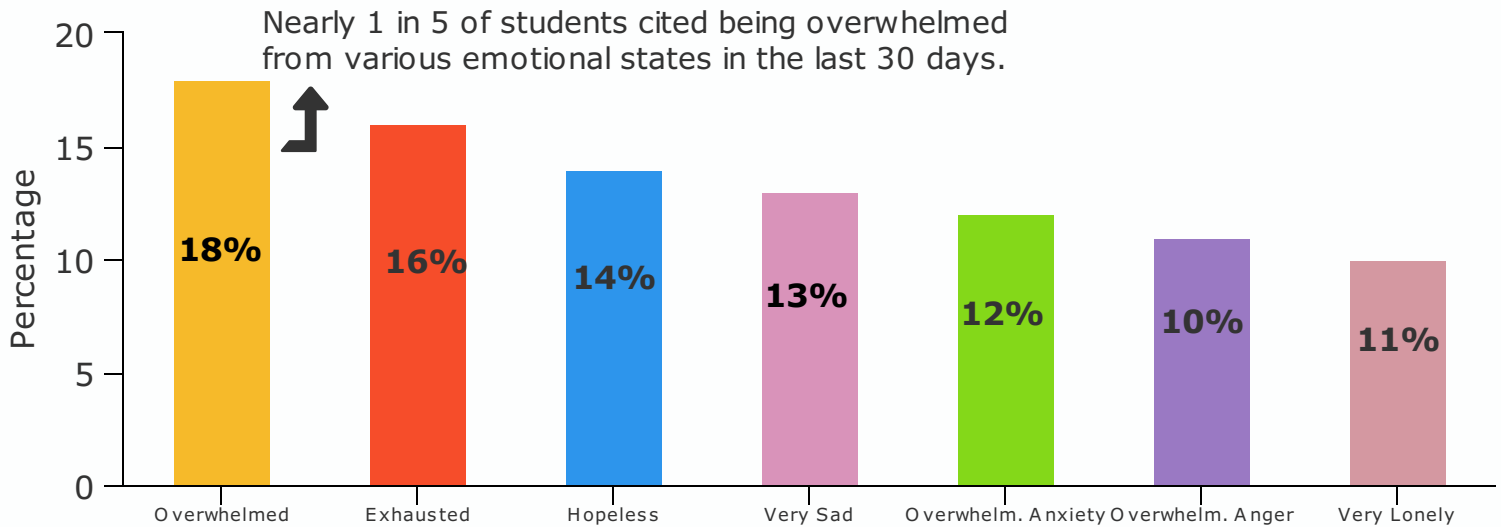
Source: 2015 American College Health Association-National College Health Assessment, Ohlone College, Sample Size=607

## Level of Self-Harming Behaviors

Nearly 1 in 10 students reported having considered suicide in the last 12 months



## Students' Emotional State in the last 30 days



## Resources for Support



Alameda County Crisis Support Line:  
1-800-309-2131



Nat'l Suicide Prevention Lifeline:  
1-800-273-8255

