



**OHLONE**  
COLLEGE

Student Health Center



Job Title: **Student Wellness Ambassador for the 2020-21 Academic Year**  
Time period: August 1, 2020 – May 31, 2021 (10 months)  
Salary: \$15.00 per/hour  
FTE: Approximately 16 hours/month  
Report to: Sang Leng Trieu, Project Director

### **DESCRIPTION**

Student Wellness Ambassadors are the representatives of Ohlone College Student Health Center and the STEP Up program. They are the liaisons between the Ohlone College student community and the Student Health Center's mental health counseling services. The Student Wellness Ambassadors' goals are to improve mental health literacy among Ohlone College students and larger Ohlone College community by promoting mental health services, encouraging help-seeking behaviors, reducing stigma surrounding mental health disorders, and fostering a supportive and inclusive campus culture with regard to mental health problems.

### **STUDENT WELLNESS AMBASSADOR DESIRED ATTRIBUTES AND ABILITIES**

- Work with a diverse group of people
- Work as a team member
- Self-motivated
- Good communication skills
- Leadership
- Flexibility
- Creativity
- Interpersonal skills
- Possess a willingness to serve students
- Be flexible and collaborative

### **STUDENT WELLNESS AMBASSADOR RESPONSIBILITIES:**

- Commit to 16 hours per month of Student Wellness Ambassador activities/meetings
- Commit to meeting with STEP Up Ohlone program staff on a biweekly basis (schedule TBA)
- Have the ability to attend one training/planning session at the beginning of each semester (schedule TBA)

### **APPLICATION CRITERIA**

- Past leadership experience or interest in leadership experience at Ohlone College
- Current Ohlone student in good academic standing (2.75 GPA or higher)
- Up to 8 Student Wellness Ambassadors will be selected
- Applicants will be contacted for virtual interviews (Zoom)

Please send the Student Wellness Ambassador Application to [strieu@ohlone.edu](mailto:strieu@ohlone.edu)

Deadline to apply is April 30, 2020



4. What motivates you? Who inspires you? How would you motivate and inspire others?

I agree to make a commitment to adhere to the mission and principles of the Ohlone College STEP Up Student Wellness Ambassador Program. I recognize the importance of prompt and complete adherence to trainings and bi-weekly meetings. I agree to respect the confidentiality of other students throughout the program. If accepted as a Student Wellness Ambassador, I agree to serve as a role model and student leader for other Ohlone College students. I also confirm that the information provided on this application is true to the best of my knowledge.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_